ESSM

2027

SCIENTIFIC PROGRAMME

4–6 FEBRUARY 2027

VALENCIA · SPAIN

ESSM Congress 2027

4-6 February

Valencia

DAY 01 / THURSDAY

04 FEBRUARY 2027

08:00

AUDITORIUM 1
ÖGFSSG SESSION
Austrian Society for the Promotion of Sexual Medicine and Sexual Health
08:00–09:00

AUDITORIUM 2
BSSM SESSION
British Society for Sexual Medicine
08:00–10:00

AUDITORIUM 3
YOSEMA COURSE
Young Sexual Medicine Academy ABC Course
08:00–12:00

BREAKOUT 1+2
NSSM SESSION
Nordic Society for Sexual Medicine
08:00–09:00

BREAKOUT 3+4
ČSSM SESSION
Czech Society for Sexual Medicine
08:00–10:00

09:00

AUDITORIUM 1
ASESA SESSION
Asociación Española de Andrología, Medicina Sexual y Reproductiva
09:00–11:00

BREAKOUT 1+2
HUA-TSA SESSION
Hellenic Urology Association – Turkish Andrology Society
09:00–11:00

10:00

AUDITORIUM 2
SPA-SIA SESSION
SPA-SIA Joint Session | Sociedade Portuguesa de Andrologia - Società Italiana di Andrologia
10:00–12:00

BREAKOUT 3+4
AWGSUST-GSSM Joint Session
Andrology Working Group of Society of Urological Surgery in Turkey (AWGSUST) - Georgian Society for Sexual Medicine (GSSM)
10:00–12:00

10:30

BREAKOUT 9
EMSEX
10:30–11:00

10:45 - 11.15 | COFFEE BREAK

11:00

AUDITORIUM 1
ISSM SESSION
International Society for Sexual Medicine
11:00–12:00

BREAKOUT 1+2
UAASM-MSASH Joint Session
Ukrainian Association of Andrology and Sexual Medicine - Moldovan Society of Andrology and Sexual Health
11:00–12:00

BREAKOUT 9
FRANCOPHONE SOCIETIES
Joint Meeting with Francophone Societies
11:00–13:00

DAY 01 / THURSDAY

12:00

AUDITORIUM 1
VJSM Session
Video Journal of Sexual Medicine
12:00–13:00

BREAKOUT 1+2
MESSM SESSION
Middle East Society for Sexual Medicine
12:00–13:00

BREAKOUT 3+4
SLAMS SESSION
Sociedad Latinoamericana de Medicina Sexual
12:00–13:00

13:00 – 14:00 | LUNCH BREAK

14:00

AUDITORIUM 1
ROUND TABLE
ED & cardiovascular risk: the sexual medicine professionals as gatekeeper
14:00–15:00

AUDITORIUM 2
PODIUM SESSION
Male sexual health
14:00–16:00

BREAKOUT 1+2
PODIUM SESSION
Female sexual function
14:00–16:00

BREAKOUT 3+4
EFS SYMPOSIUM
European Federation of Sexology | New Frontiers in Sex Therapy
14:00–15:00

15:00

AUDITORIUM 1
MASTER LECTURE
Rosemary Basson and the Revolution in Understanding Women's Sexual Desire, In Memory of a Pioneer Who Transformed Sexual Medicine
15:00–15:30

BREAKOUT 3+4
ISSWSH SESSION
International Society for the Study of Women's Sexual Health
15:00–16:00

15:30

AUDITORIUM 1
MASTER LECTURE
The Brain as a target organ
15:30–16:00

16:00-16:30 | COFFEE BREAK

16:30

AUDITORIUM 1
ROUND TABLE
Complex Penile Curvature: Contemporary Surgical Strategies and Unresolved Controversies
16:30–17:30

AUDITORIUM 2
ROUND TABLE
What do we know in 2027 about the vulva and the clitoris?
16:30–17:30

BREAKOUT 1+2
ROUND TABLE
Sexual Dysfunction During Gender-Affirming Hormone Therapy: Recognition and Management
16:30–17:30

BREAKOUT 3+4
WAS SESSION
World Association for Sexual Health
16:30–17:30

DAY 01 / THURSDAY

17:30

AUDITORIUM 1

MASTER LECTURE

The role of the microbiome in modulating neuro-endocrine pathways: impact on sexual desire and arousal

17:30–18:00

AUDITORIUM 2

EXPERT TALK

Trauma-Informed Sexology

17:30–18:00

18:00

AUDITORIUM 1

PLENARY

ESSM Award of Excellence

18:00–18:30

18:30

AUDITORIUM 1

PLENARY

ESSM Opening Ceremony

18:30–19:30

19:30-20:30 | WELCOME RECEPTION

DAY 02 / FRIDAY

05 FEBRUARY 2027

08:00

AUDITORIUM 1
ROUND TABLE
Sexuality during pregnancy and post-partum
08:00–09:00

AUDITORIUM 2
ESAU/ESGURS SESSION
European Association of Urology – Section of Andrological Urology / European Association of Urology – Section of Genitourinary Reconstructive Surgeons
08:00–10:00

BREAKOUT 1+2
PODIUM SESSION
Male sexual health
08:00–10:00

BREAKOUT 3+4
ROUND TABLE
Interventions for the treatment of Problematic Pornography Use and Sexual Compulsivity
08:00–09:00

09:00

AUDITORIUM 1
ROUND TABLE
PMDD (Premenstrual Dysphoric Disorder): process of care in the context of sexual health
09:00–10:00

BREAKOUT 3+4
ROUND TABLE
Treatment for metabolic infertility: a gender-oriented approach
09:00–10:00

10:00-10:30 | COFFEE BREAK

10:30

AUDITORIUM 1
ROUND TABLE
Testosterone therapy in 2027: who, when, and how long
10:30–11:30

AUDITORIUM 2
ROUND TABLE
Managing Refractory Vulvodynia and Vestibulodynia
10:30–11:30

BREAKOUT 1+2
PODIUM SESSION
Video / Surgery
10:30–11:30

BREAKOUT 3+4
WORKSHOP
Inside the Sex Therapy Room
10:30–11:30

11:30

AUDITORIUM 2
ROUND TABLE
Sexual dysfunction in gynecological cancer patients: the onco-sexology toolkit
11:30–12:30

BREAKOUT 1+2
PODIUM SESSION
Sexology
11:30–12:30

BREAKOUT 3+4
SMSNA SESSION
Sexual Medicine Society of North America
11:30–13:00

12:00

AUDITORIUM 1
ROUND TABLE
Penile Prosthesis Complications: Salvage and Revision Strategies
12:00–13:00

DAY 02 / FRIDAY

12:30

AUDITORIUM 2
MASTER LECTURE
Future management of azoospermia: relegating mTESE to the dark ages
12:30–13:00

AUDITORIUM 3
MASTER LECTURE
Penile Prosthesis After Phalloplasty: Are We There Yet?
12:30–13:00

13:00

POSTER AREA
HIGHLIGHTED POSTERS
Male sexual health
13:00–14:00

POSTER AREA
HIGHLIGHTED POSTERS
Female / Sexology
13:00–14:00

POSTER AREA
HIGHLIGHTED POSTERS
Transgender / Basic science
13:00–14:00

13:00 – 14:00 | LUNCH BREAK

14:00

AUDITORIUM 1
ROUND TABLE
The Post-Prostatectomy Patient: A Holistic Approach to Sexual and Reproductive Health
14:00–15:00

AUDITORIUM 2
ROUND TABLE
Clinical Pearls: What Every Sexual-Medicine Clinician Should Know
14:00–15:00

BREAKOUT 1+2
PODIUM SESSION
Reconstructive surgery
14:00–15:00

BREAKOUT 3+4
ESSM-EPATH JOINT SESSION
European Society for Sexual Medicine - European Professional Association for Transgender Health
Developing a Core Curriculum for Multidisciplinary Professionals in Transgender Healthcare
14:00–16:00

15:00

AUDITORIUM 1
ROUND TABLE
The Female Orgasm Uncovered: Old story, new insights
15:00–16:00

AUDITORIUM 2
DEBATE
Premature ejaculation: pharmacotherapy vs. behavioural / combination therapy as first-line treatment
15:00–16:00

BREAKOUT 1+2
PODIUM SESSION
Basic science
15:00–16:00

16:00-16:30 | COFFEE BREAK

DAY 02 / FRIDAY

16:30

AUDITORIUM 1
DEBATE
The > 24-Hour ischemic Priapism Dilemma: Time to Abandon Traditional Algorithms?
16:30–17:30

AUDITORIUM 2
ROUND TABLE
Successful Sexual Aging: Maintaining Desire, Pleasure and Intimacy Across the Lifespan
16:30–17:30

BREAKOUT 1+2
ROUND TABLE
Fertility preservation in transgender persons
16:30–17:30

BREAKOUT 3+4
YOSEMA SESSION
Young Sexual Medicine
16:30–17:30

17:30

AUDITORIUM 1
MASTER LECTURE
State of the art of male hormonal contraception
17:30–18:00

AUDITORIUM 2
EXPERT TALK
Sexual Medicine Beyond Genitals: Identity, Desire and Function
17:30–18:00

18:00

AUDITORIUM 1
PLENARY
Presidential Lecture
18:00–18:30

18:30

AUDITORIUM 2
ESSM ANNUAL BUSINESS MEETING
(members only)
18:30–19:30

20:00 onwards | PRESIDENT'S DINNER

DAY 03 / SATURDAY

06 FEBRUARY 2027

08:00

AUDITORIUM 1
ROUND TABLE
Functional Urology Meets Sexual Medicine: What Happens to Sexual and Ejaculatory Function after Surgery?
08:00–09:00

AUDITORIUM 2
EDUCATIONAL COURSE
Managing low sexual desire in women
08:00–09:00

BREAKOUT 1+2
ROUND TABLE
Research Meets Clinic: What Actually Matters in Sex Therapy?
08:00–09:00

BREAKOUT 3+4
ROUND TABLE
Reaching Consensus in Gender-Affirming Surgery: Standardizing Outcomes for Meaningful Comparisons
08:00–09:00

09:00

AUDITORIUM 1
ROUND TABLE
Regenerative ED Therapies in 2027: Breakthrough, Modest Benefit or Expensive Placebo?
09:00–10:00

AUDITORIUM 2
ROUND TABLE
Menopause and Sexual Function: What Can We Actually Treat in 2027?
09:00–10:00

BREAKOUT 1+2
PODIUM SESSION
Transgender sexual health
09:00–10:00

BREAKOUT 3+4
WORKSHOP
Case Formulation in Sex Therapy
09:00–10:00

10:00-10:30 | COFFEE BREAK

10:30

AUDITORIUM 1
ROUND TABLE
Male Genital Pain, Orgasm and Ejaculatory Disorders: Getting the Diagnosis Right
10:30–11:30

AUDITORIUM 2
NIGHTMARE SESSION
Managing PGAD and dysesthesia of the clitoris
10:30–11:30

BREAKOUT 1+2
NIGHTMARE SESSION
When Gender-Affirming Care Goes Wrong
10:30–11:30

BREAKOUT 3+4
EDUCATIONAL COURSE
Penile and scrotal ultrasound for the sexual medicine specialist
10:30–12:30

11:30

AUDITORIUM 1
DEBATE
Testosterone for Low Sexual Desire in Women: Are We Treating Too Little or Too Much?
11:30–12:30

AUDITORIUM 2
ROUND TABLE
The Post-Collagenase Landscape: Molecular Targets and Innovative Intralesional Strategies for PD
11:30–12:30

BREAKOUT 1+2
ROUND TABLE
The Couple is the Patient
11:30–12:30

DAY 03 / SATURDAY

12:30

AUDITORIUM 1
DEBATE
AI and the Future of Sexology: Opportunity or threat?
12:30–13:00

AUDITORIUM 2
MASTER LECTURE
Beyond Satisfaction: The Hidden Value of the Penile Prosthesis for Men and Their Partners
12:30–13:00

AUDITORIUM 3
MASTER LECTURE
The Neuroendocrinology of Gender and Sexual Desire: emotional and cognitive effects of Gender-Affirming Hormone Therapy
12:30–13:00

BREAKOUT 3+4
ROUND TABLE
The GLP-1 Paradox: Balancing Metabolic Gains against the Neurobiology of Sexual Reward
12:30–13:00

13:00 – 14:00 | LUNCH BREAK

14:00

AUDITORIUM 1
PLENARY
ESSM Research Grants Session
14:00–15:00

15:00

AUDITORIUM 1
PLENARY
ESSM Congress Highlights
15:00–15:45

15:30

AUDITORIUM 1
PLENARY
ESSM Closing Ceremony
15:45–16:15